



**Sandi Simons & David Simons-  
Creating Confidence-Clinic In Canberra**

Stromlo Equestrian Centre on the weekend of 25th 26th July

Come along & experience the knowledge of these two amazing teachers.

If you are looking to regain your confidence, experiencing behavioural issues with your horse – then this clinic is for you.

Based on John Lyons methods.

**Where:** Stromlo Equestrian Centre, 118 Cotter Road Canberra (yards available for hire- book with Maryanne

**When:** Saturday 25th & Sunday 26th July 2009

**Time:** 9am to 4 pm

**Cost :** \$170 rider and horse per day

**Non Rider/ auditer-** \$40 per day

**Bookings to** [maryanne.reardon@three.com.au](mailto:maryanne.reardon@three.com.au) **PH - 0410626595**

**bbq lunch supplied on sat and sun byo drinks and lunch on friday**

**Clinic will address-** as before plus more ridden work and an extension of the last clinic, but the basics need to be in place first.

- Goal Setting
- Confidence issues
- Three Training Rules
  - The Kiss Cue
- Learning Curves
- Ground Control
- Mounting Safely
- Pre Flight Check
- Sack Out Process
- Mounting With Mounting Block
- Dismounting...and doOs and donOs
  - Go Forward Cue: Ridden
  - Hip Control: Ridden
  - Calm Down Cue
- On the Ground - Ridden
- Cones for Confidence: Riding Exercise
  - Graphs Calm Down Graph