



Sandi Simons & David Simons-
Creating Confidence-Clinic
Canberra

Stromlo Equestrian Centre
Saturday October 31st Sunday November 1st

Experience & share the knowledge of these two amazing horse people.
Regain your confidence, motivation or help with behavioural issues—
Private lessons also available with David.
Based on John Lyons training methods.
Excellent books & DVDs available to help you revise your learning
& their methods.

Where: Stromlo Equestrian Centre, 118 Cotter Road Canberra
Yards available for hire- book with Maryanne.

When: Saturday October 31st Sunday November 1st
Time: 9am to 4 pm

Cost: \$170 rider & horse per day
Non Rider/ auditor- \$40 per day

Bookings to maryanne.reardon@three.com.au PH - 0410626595

Clinic will address- as before plus more ridden work and an extension of the last clinic, but the basics need to be in place first.

- Goal Setting
- Confidence issues
- Three Training Rules
 - The Kiss Cue
 - Learning Curves
 - Ground Control
 - Mounting Safely
 - Pre Flight Check
 - Sack Out Process
- Mounting With Mounting Block
- Dismounting...and do's and don'ts
 - Go Forward Cue: Ridden
 - Hip Control: Ridden
 - Calm Down Cue
 - On the Ground - Ridden
- Cones for Confidence: Riding Exercise
 - Graphs Calm Down Graph