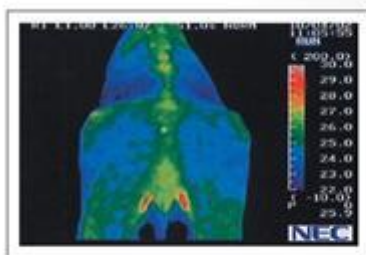


## Lucan Lodge is pleased to provide the ACT Region's professional Equissage service.

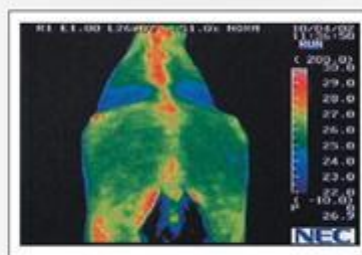


**Equissage is a physiotherapy massage system for horses.**

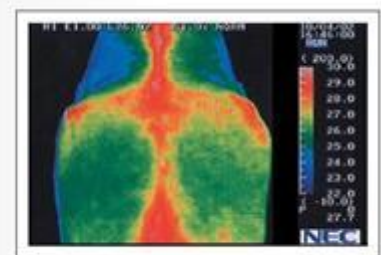
It uses vibrations to stimulate blood flow in the muscles, and throughout the limbs and lymphatic system. Cycloid Vibration Therapy (CVT) is a clinically proven treatment for increasing circulation, and the effects last up to five hours after treatment. Equissage is non-invasive, gentle and safe, and is recommended by top behaviour experts, trainers and professional riders.



Before Equissage



5 Minutes after



5 Hours after

**Lucan Lodge provides treatments on site at your premises, and in-house at Rubicon for training and boarding horses:**

ON SITE	First Horse	Second Horse	Third+Horse	Maintenance
<b>Fees</b>	\$69.50	\$46.50	\$42.00	\$55.00

IN HOUSE	Full Session	Warm Up	Cool Down	Maintenance
<b>Fees</b>	\$42.00	\$10.50	\$10.50	\$22.50

Full treatments are approximately 45 minutes, and maintenance treatments take around 25 minutes.



## Equissage is recommended for:

### Performance

- warm up and relax muscles prior to a comp or clinic
- disperse lactic acid and speed muscle recovery, helping to prevent tying-up and soreness
- help manage leg filling in stabled horses
- increase stride length by up to 30%
- improve coat condition and shine
- relax muscles and minds of working equine athletes

### Rehabilitation

- aid recovery of musculoskeletal disorders
- help to maintain muscle tone of boxed or immobile horses
- provide relief from boredom for convalescing horses



### Pleasure

- provide enjoyment for your equine with a little luxury
- increase your horse's confidence, with a professional handler providing the treatment
- enjoy some horse bonding time, in the comfort of your stable, with a professional trainer to talk to

We service all ACT **agistment centres**, the **Canberra Racecourse** and **harness barns, veterinary hospitals**, and private and government **paddocks**.

We attend **competitions** and **clinics** for pre- and post-event treatments.

We provide the service **in house for client horses** as required - full treatments and maintenance treatments for their rest days, and warm-up and cool-down treatments for working days for a small additional fee.

Clients may also **bring horses to Rubicon** or to **Equestrian Park** for treatments at the in-house rates.

## How do I book in?

- ✚ Email [Rachael@lucanlodge.net](mailto:Rachael@lucanlodge.net)
- ✚ Visit <http://lucanlodge.net/equissage.aspx>
- ✚ Call 0488 114 767

## Equissage Testimonials

*We use Equissage on all our Lucan Lodge performance horses. It is also used and recommended by:*

**“Black Caviar”** – world's best sprinter with Peter Moody (Racing)

**Anthony Cummings**  
(Racing)

**Andrew McLean**  
(Australian Equine Behaviour Centre)

**Brett Parbery**  
(Dressage)

**Maria Eilberg**  
(Dressage)

**Megan Jones, Shane Rose, Rebel Morrow, Sharmayne Spencer, Caroline Wagner, Tim Boland** (Eventing)

**Piggy French** (Eventing)

**William Fox-Pitt**  
(Eventing)

**Ron Easy**  
(Showjumping)

**Australian Polocrosse Team**

**Irish Olympic Team**

...and many more. Visit

[www.equissage.com.au](http://www.equissage.com.au)

[www.equissage.co.uk](http://www.equissage.co.uk)

for all the information about Equissage and its specific benefits and applications, or **call us** to discuss your horse's needs with Rachael.